



# Conroe High School "Home of the Tigers"

Conroe ISD

10/21/2016

## Counselor's Corner:

We will start meeting with all sophomores through their chemistry classes on 10/24-28. During this time we will go over graduation requirements and career investigations. We will also post this presentation online.

We have added 2 programs designed to help students learn coping mechanisms for anxiety.

First, we are hosting our annual test anxiety classes. The program is after school 10/25-10/27 and students only go to one day. They need to sign up online at the counselors' corner site- <https://goo.gl/forms/j481TRTFaWhDhXGI3>

Second, we have a therapy dog who comes once a week. Students must turn in the permission form found at the counselors' corner site- <https://goo.gl/forms/j481TRTFaWhDhXGI3>. Students are taught different techniques to combat anxiety using the dog as a tool.

As always, follow us:

### Counselors:

Twitter @conroecounselor

Instagram conroecounselor

Snapchat conroecounselor.CCC

### From Dr. Weatherly:

Please see information regarding the "My Person Foundation" on page three of this week's newsletter! It is a new CISD affiliated club that can assist your student if feeling: stressed, bullied, anxious, depressed, has poor self image, or lack of self worth. Assistance is available.

## CCC

(College Career Center)

### Upcoming SAT/ACT Dates:

**SAT: December 3rd, 2016 –  
Deadline to sign up is  
November 3, 2016**

**ACT: December 10, 2016 -  
Deadline to sign up is  
November 4, 2016**

Note: Students in the Free/Reduced Lunch Program are eligible to receive a fee waiver for both tests. Waivers are available in the College & Career Center.

### Career Expo:

The Conroe ISD Career & Technical Education Department will be hosting the annual **Career Expo** on Thursday, October 27<sup>th</sup>, from 6 – 8 p.m. at the Lone Star Convention Center in Conroe. Business and industry representatives will be on hand to meet with students and parents. Examples of presenters include: Auto motive technology, Engineering, Culinary Arts, Business, Law Enforcement, Cosmetology, Manufacturing, Graphic Design and Child Care and much more.

## Upcoming Events

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10/25 ASVAB Testing - LGI 7:00 – Noon

10/25 UIL Marching Band Contest-Woodforest - 3-11

10/25 Dyslexia Parent Info Night – LGI – 5:30 – 6:30

10/26 –Lisa Sowell Memorial Blood Drive –Porter – 7:30 - 3

10/27 Freshman Football @ Lufkin – 4:30/6:00

10/27 JV Football vs Lufkin – Moorhead 4:0/6:00

10/27 Dyslexia Parent Info Night – LGI – 5:30 – 6:30

10/28 Senior Starbucks Coffee – CCC 6:45 – 8:00 AM

10/28 Shakuntala Theatre Show – 7:00 PM -

10/28 Varsity Football vs Lufkin – There 7:30-10:30

10/29 UIL Area Marching Band Contest – Gal

As we approach the Holiday Season, please consider the gift of CONROEOPOLY for your student or alumni of Conroe High School! It is the 2011 1<sup>st</sup> edition and is now on sale for ONLY \$10.00! Proceeds go to our wonderful PTA! They are for sale in the main office of CHS!

See Mrs. Pickle or Mrs. Marshall!





**ASVAB TEST:**

The ASVAB will be given at Conroe High School on Tuesday, **October 25<sup>th</sup>** from 7:30 – 11:00 a.m. This is a free test offered to juniors and seniors. The ASVAB is a multiple-aptitude test that measures developed abilities and helps predict future academic and occupational success. It is also used to determine eligibility for military service. Sign up in the CCC if you would like to test. Seating is limited.

**Operation Graduation**

**Calling all senior parents** - We need you! Operation Graduation Is a program run by senior parents that provides a safe place for seniors to celebrate their graduation. It takes over \$50,000 to have this program be successful. We need senior parents to help raise funds, chaperone the event, and help Host our fundraisers.

If you have questions about this program, please contact the Operation Graduation Chairman - Lydia Joiner at [lajoiner@conroeisd.net](mailto:lajoiner@conroeisd.net) or call her at 936-709-5676

**Next Operation Graduation Meeting:**

**November 17, 2016 at 6:30 in the CHS Cafeteria!**

Parents of Seniors, please place this date on your calendar!

**See What Our Students are doing!**

**Highlight:**

The 9<sup>th</sup> Grade Campus Student Council had a Faculty vs Student Dodgeball fundraiser! Here you see Abraham Morrison challenging Coach Williams.



9<sup>th</sup> Choir sings at the above game!



Conroe High School Theatre will present *The Recognition of Shakuntala* on October 27, 28, 29, and November 1 at 7 PM in the CHS

Auditorium. The play by Kalidasa, an ancient Indian drama, centers around Shakuntala, a sweet and innocent, but very naive, girl. She meets King Dushyanta who is bold and known all over his land. They fall in love but the evil antagonist Durvasa the sage interferes; he is narcissistic and vengeful, and ultimately places a curse on Shakuntala.

The play is directed by Becca Babbitt and Dave Feranchak serves as technical director. All tickets are \$5 in advance at [www.seatyourself.biz/conroe](http://www.seatyourself.biz/conroe). At the door, adult tickets are \$7 and students and children are \$5. Call 936-709-5847 for more information.

**Conroe Cares.... About Your Student's Academic Success!!!**

If your student needs additional assistance with their grades.....

The CHS Main Student Success Center is open for core subjects and Spanish tutorials from 2:45-5:00 pm Mon -Th. Students must have their ID to enter and must be checked in by 3:00! Late bus passes will be given at 5:00 for students needing to ride the bus home.

CHS 9<sup>th</sup> is open Mon, Tu & Th in the CHS 9<sup>th</sup> Library.

**Cosmetology:**

Cosmetology's new Salon "TigerStyle" is open on Thursdays from 1PM-6PM. Please call or come by to set an appointment. Phone: 936-709-5733 or 936-709-5897. Stay tuned for Grand Opening details.

**Note: All CHS students receive a free haircut w/ their student ID!** All work is performed under the supervision of licensed cosmetology instructors.



In 2015, the My Person Foundation (MPF) was created in response to the recent rise in tragic events within our community in an effort to combat teen suicide and bullying, while raising awareness of various aspects of mental health. MPF is a CISD affiliated high school club that started at Conroe High School Spring of 2016. If your child is struggling with bullying, stress, anxiety, depression, self-image or realizing their self-worth, MPF can help.

Our all-inclusive female and male groups known as the SisterhoodSQUAD and BROtherhoodBOND operate within CISD. Both groups are led by passionate, relatable and young professionals, referred to as mentors, who actively promote a safe environment to engage in healthy communication surrounding a variety of topics and challenges facing the students each day. Our mentors receive extensive training on a variety of important topics from CISD faculty and staff, counselors, and community organizations who work directly with our students. This training enables our diverse group of mentors to facilitate the available resources in our community to the needs of our students. Through the participation of mentors, we are able to share our message of S.P.I.R.I.T. (Support, Protect, Inspire, Respect, Include, and Trust) to the youth in our community. We find it is vital to utilize all social media outlets to consistently communicate and promote to our students the importance of self-worth and self-acceptance.

**Our Mission Statement:**

- To help students understand their value and support their journey to self-acceptance
- To help instill and guide students to acknowledging their self-worth
- To provide students with a safe and healthy environment for peer-to-peer communication
- To guide students in creating a kind, positive and accepting environment within their school
- To encourage an open dialogue between students and highly respected community professionals regarding sensitive topics, questions, problems and concerns commonly encountered by teens
- To promote the importance of supporting and protecting one another from negative influences
- To educate students of the importance of maintaining healthy, respectful and courteous personal and social media relationships
- To serve as a liaison between CISD schools and community professionals to help meet the needs of our students

My Person Foundation is a registered 501(c)3 in Spring, TX.  
For more information please visit [www.mypersonfoundation.com](http://www.mypersonfoundation.com)

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CONROE!!